

# FOXWELL STATE SECONDARY COLLEGE

## Tuckshop Menu 2022 v4

### BREAKFAST

#### Plain Croissant

Baked Fresh Daily \$3.00

#### Bacon & Egg Muffin

English Muffin, Egg, Bacon, Cheese & BBQ Sauce \$4

#### Ham & Cheese Croissant \$4.50

#### Banana Bread \$2.50

#### Texas Muffin

Various Flavours, Baked Fresh Daily \$3.00

### COFFEE & TEA

#### Small \$3.50 Large \$4.00

Flat White | Cappuccino | Latte | Long Black | Short Black  
| Hot Chocolate \$2.50 | Tea \$3.00

### DRINKS

#### Juices

Various Fruit Juices, Apple, Orange & Apple Black  
Current \$3.00

#### Up & Go

Vanilla | Chocolate | Strawberry \$2.50

#### Iced Tea

Peach | Lemon | Mango \$3.50

#### Milks

Chocolate | Strawberry | Iced Coffee \$2.50

#### Water

Flavoured Sparkling Water \$3.00 | Sparkling \$3.00 | Still  
Bottled \$2.00

#### Gatorade

Watermelon | Grape | Strawberry \$4.00

### SPECIAL DIETS

*(Must be ordered in advance online or over the counter by  
8.30am each day)*

### MEAT FREE

#### Vege Burger

Meat Free Pattie with Sauce & Salad \$6.00

#### Vegetable Lasagne

Layers of Grilled Veg & Bechamel \$6.50

#### Cheese & Tomato Toastie

Melted Cheese & Tomato Turkish Toastie \$5.50

#### Margherita Pizza

The Original Tomato, Mozzarella & Basil \$5.00

#### Meat Free Pie

Vegetarian Pie with Flaky Pastry \$5.00

#### Salad of the Day

Fresh House Made Salad of the Day \$7.00

#### Rice Crackers, Dip & Veggie Sticks

Healthy GF Snacking Pack with Hummus \$3.50

### GLUTEN FREE

#### Gluten Free Fried Rice

Fried Rice with GF Soy, Bacon & Vegetables \$5.00

#### Gluten Free Pasta of the Day

Pasta Special made Gluten Free \$6.00

#### Gluten Free Soup of the Day

Homemade Soup with Gluten Free Bread \$7.00

#### Gluten Free Salad of the Day

Fresh House made Salad of the Day \$7.00

#### Rice Crackers, Dip & Veggie Sticks

Healthy GF Snacking Pack with Hummus \$3.50



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### EVERYDAY MENU

#### Turkish Toasties

Choose from Ham & Cheese | Salami & Cheese |  
Cheese, Bacon & BBQ Sauce | Cheese & Tomato \$5.50

#### Garlic Bread

With herbed Garlic Butter \$3.50

#### Chicken Bites

Choose from Honey Soy or Sweet Chilli \$5.00

#### Special Fried Rice

Homemade Special Fried with Bacon & Vegetables \$5.00

#### Soup of the Day with Turkish

Homemade Soup with Toasted Turkish Bread \$7.00

#### Salad of the Day

Fresh House made Salad of the Day \$7.00

#### Sausage Roll

Sausage Roll with Flaky Pastry \$4.00

#### Meat Pie

Plain Beef Pie \$4.00

#### Beef Lasagne

Traditional Beef Lasagne with Bechamel \$6.00

#### Vegetable Lasagne

Layers of Grilled Veg & Bechamel \$6.50

### FROZEN TREATS

Lemon Sorbet \$1.50 | Vanilla Ice-Cream Cup \$1.50  
Calippo \$2.00 | Cyclone \$2.00 | Lemonade Icy Pole \$2.00

*Visit us at the Tuckshop for more Icy Treats*

### DAILY SPECIALS

#### Mexican Monday

Nachos \$6.00  
Burrito \$6.00

#### Hot Dog Tuesday

Hot Dog in a Bun with Sauce \$4.50

#### Italian Wednesday

Pasta Special of the Day \$5.00  
Pizza – Ham & Cheese \$5.00  
Pizza – Margherita \$5.00

#### Burger Thursday

Beef Burger \$6.00  
Chicken Burger \$6.00  
Vege Burger \$6.00

#### Gourmet Friday

Vietnamese Pork Roll \$6.00  
Pulled Pork Roll \$6.00

### SNACKS

**Fresh Fruit Piece** \$1.00

**Rice Crackers, Dip & Veggie Sticks** \$3.50

**Vege Chips** \$2.00

**Red Rock Deli Chips** \$2.50

**Banana Bread** \$2.50

**Texas Muffin** \$3.00

**House Made Giant Cookie** \$1.50

**Chocolate Brownie** \$2.00

