



positive partnerships

Working together to support school-aged students on the autism spectrum

## FREE WEBINAR HEALTH & HYGIENE



*Be part of an interactive hour where you get the opportunity to listen, share and learn with parents/carers, teachers and others who support individuals on the autism spectrum.*

### In this webinar we will:

- Explore ideas relating to health and hygiene in the home
- Explore structure and routine as a way to support individuals to stay healthy at home
- Explore how the characteristics of autism may impact on an individual's understanding and experiences with their own health and hygiene
- Explore ideas to establish and support positive sleep, physical activity and hygiene habits
- Share some practical resources in supporting young people on the spectrum with their health and hygiene

There are three different session times to choose from.

**Monday 18 May, 2020 –**

2:00pm AEST

**Wednesday 20 May, 2020 –**

7:00pm AEST

**Thursday 21 May, 2020 –**

11:00am AEST

**All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.**



**To register for this webinar and find upcoming ones, visit**

**[positivepartnerships.com.au](https://positivepartnerships.com.au)**