

# WHAT IS I CAN SCHOOL®?

Since 2014, I CAN Network has partnered with over 120 Australian primary and secondary school leadership teams to develop inclusive school cultures. I CAN School® mentoring directly empowers Autistic students with optimism, belonging, self-acceptance, pride and confidence.



## Program Details

- 10-15 x 1-hour sessions, weekly or fortnightly
- Run by two I CAN Mentors
- Program held in a school or interschool

## What is Covered?

- Teamwork
- Understanding Autistic strengths
- Saying 'I CAN'
- Communication
- Stress Management
- Event Organisation

## What is Achieved?

- Self-confidence
- Social connections
- Positive Autistic Identity
- Self-awareness
- Communication Skills
- Teamwork

## HOW DO WE EVALUATE?



1. 'Mentees' complete two surveys: one before and one after the program.



2. We compile and analyse the evaluation responses.



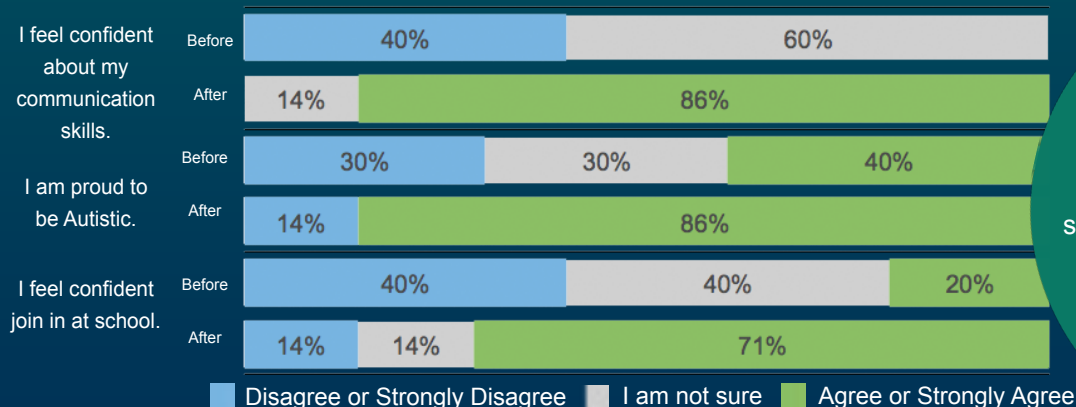
3. We write a report describing the results and outcomes of the program.

*"Students who are often very reserved have been much more open during these sessions... The one thing that really stands out is the smiles on their faces and the enthusiasm... students in this group have not had as many behavioural issues or emotional outbursts since starting the program."*

Colan Distel - Principal,  
Hawkesdale P-12 College

## WHAT ARE THE RESULTS?

Changes among I CAN mentees at Numurkah Secondary School



N=10 for before and N=7 for after

Mentees in an I CAN School® benefited from the program. After the program, mentees improved their communication skills and were prouder to be Autistic. Additionally, mentees also felt more confident to join in their school, enhancing their connection with school.

## JOIN US



To enquire about becoming an I CAN School, write to us at: [hello@icannetwork.com.au](mailto:hello@icannetwork.com.au)  
Or for more information visit our website at: [icannetwork.online](http://icannetwork.online) or follow us on social media.



SCHOOLS