



Dear Foxwell State Secondary College Families,

We are very much looking forward to welcoming you to our school in 2020 and in offering many opportunities for students to participate in a wide range of extra-curricular and sporting activities. One of the first major dates on the sporting calendar is the swimming carnival with swim team nominations due to Broadwater District within the first few weeks of school.

In 2020, we will not be hosting a school swimming carnival but want to ensure all Foxwell SSC students have the opportunity to represent Foxwell SSC and swim at the District level if they desire. To do so, in 2020 we will be calling for paper nominations. These nominations will require students to prove they are able to meet the qualifying times through one of two ways:

1. Students who are members of a swimming club may have times recorded at any official swim meet during these upcoming holidays and have a club coach verify their swim time. The student will then bring the verified swim time to school to complete paper nominations.
2. Students without access to a swimming club to record an official time may nominate in the first week of school and we will arrange to time trial these students as soon as possible.

The qualifying times across the varying events are below:

	Men's			Women's			Multi-Class
	11yrs	12yrs	13yrs	11yrs	12yrs	13yrs	13-15yrs
50m Freestyle	43.00	40.00	36.00	43.00	40.00	37.50	No qualifying times at District
50m Backstroke	50.00	47.00	41.50	47.00	44.00	39.00	
50m Breaststroke	53.00	50.00	45.50	53.00	50.00	46.00	
50m Butterfly	47.00	45.00	38.50	47.00	45.00	39.50	
100m Freestyle	1:27.00	1:23.00	1:13.00	1:27.00	1:23.00	1:17.00	No qualifying time
100m Backstroke	1:40.00	1:36.00	1:25.00	1:40.00	1:36.00	1:28.00	No qualifying time
100m Breaststroke	1:53.00	1:44.00	1:36.00	1:53.00	1:44.00	1:38.00	
100m Butterfly	1:41.00	1:34.00	1:23.00	1:41.00	1:34.00	1:26.00	
200m Freestyle	2:44.00		2:30.00	2:44.00		2:38.00	No qualifying time
200m Backstroke	3:05.00		2:55.00	3:05.00		3:00.00	
200m Breaststroke	3:29.00		3:15.00	3:29.00		3:20.00	
200m Butterfly	3:05.00		2:55.00	3:05.00		3:00.00	
200m Individual Medley	3:23.00	3:10.00	2:50.00	3:23.00	3:10.00	2:58.00	Paper nominations at District level
400m Freestyle	5:40.00		5:20.00	5:40.00		5:30.00	
400m Individual Medley	6:28.00*		5:50.00*	6:28.00*		6:00.00*	
800m Freestyle			9:20.00*			9:50.00*	
1500m Freestyle			18:30.00*			19:40.00*	

Note: The age is calculated as year of birth e.g: all students born in 2008 will enter as 12yrs.

*The 400m Individual medley, 800m Freestyle and 1500m Freestyle are State Qualifying times as they are paper nominations.

For students using a pre-recorded time at their swimming club, please complete the below form:

Student Name: _____ D.O.B: ____/____/____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Event: _____ Recorded time: _____ Date: _____

Coach name: _____ Coach Signature: _____

Swimming Club: _____

Completed forms should be emailed through to Elle Bullock at emgil0@eq.edu.au. If you have any questions regarding the 2020 Foxwell SSC Swimming nominations please don't hesitate to contact me.

Early next year, students wishing to nominate, but whom do not swim for a club, will be invited to nominate and complete a trial swim to record times.

Kind Regards,



Elle Bullock
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